

May 2018

(08) 8941 5661

www.corp.org.au

In this month's edition:

**AHRI Conference 2018**

**Coaching and Mentoring  
Public Workshop**

**Upcoming CORP Public  
Workshops in:**

- Darwin
- Alice Springs
- Katherine



## AHRI Conference 2018

This year three of EASA/CORP staff members represented the Organisation at the Australian HR State Conference, held at the Double Tree Hilton hotel on the Esplanade.

CORP and EASA had a stall promoting services to HR members from around the NT. With guest speakers from across the country and lots of opportunity for networking, the day was a success.

The photo shows Jo Ellis, Yvette Varatharajan and Imogen Felton proudly running the stall.





## Motivating Staff through Excellence in Coaching and Mentoring Public Workshop Excellence

### What this course will cover:

- Coaching
- The world of work is changing! What are your challenges?
- Management vs Leadership
- What are Coaching and Mentoring?
- The benefits of developing a coaching approach
- Solution Focused vs Problem Centred approach to dealing with business challenges
- Introducing the GROW Coaching Model - Demonstration and practice
- Control vs Influence – where are you putting your focus and energy?
- Your way of being as a coach
- Second peer coaching practice using the GROW Coaching Model
- Becoming a coaching leader – what's in it for YOU!
- Constructive vs destructive feedback
- Exploring coaching applications in your workplace
- Commitments and action planning

**When— Tuesday 8 May 8:30am-4pm**

**Where— EASA, Level 2 Highway Arcade, 47 Stuart Highway, Stuart Park**

**Cost—\$265, lunch included**

**Mediations | Formal Referrals | Mgt Coaching**

## The GROW model



### GROW stands for:

- Goal
- Current Reality
- Options (or Obstacles)
- Will (or Way Forward)

The model was originally developed in the 1980s by business coaches Graham Alexander, Alan Fine, and Sir John Whitmore.

A good way of thinking about the GROW Model is to think about how you'd plan a journey. First, you decide where you are going (the goal), and establish where you currently are (your current reality). You then explore various routes (the options) to your destination. In the final step, establishing the will, you ensure that you're committed to making the journey, and are prepared for the obstacles that you could meet on the way.

Contact CORP on 8941 5661 to enrol or enrol online at:

<http://www.corp.org.au/pages/Training-Calendars.html>



Book your place in any March 2018  
CORP Workshop  
**by 10 May 2018**  
and receive a >>>

Note: offer does not apply to CORP Talks

**DONT MISS OUT ON THIS GREAT OFFER!**

**\$50**  
**DISCOUNT**

For further information,  
or to register for a  
CORP Workshop,  
contact:

**Darwin (Head Office)**

P. (08) 8941 5661

F. (08) 8941 0746

corp@corp.org.au

www.corp.org.au

**Alice Springs**

(08) 8953 4225

easaalicesprings@easa.org.au

**Katherine**

(08) 8941 5661

corp@corp.org.au

**Full Day Workshops**

8.30am – 4pm

**\$265\*** per person

Lunch & Refreshments

included

**Half Day Workshops**

8.30am – 12noon

**\$140\*** per person

Refreshments included

**CORP Talks**

**\$39\*** per person

**ONLY 16\* PLACES**

**AVAILABLE FOR EACH**

**WORKSHOP — get your**

**registration in early!**

**Workshop Locations**

**Darwin**

Level 2 Highway Arcade,

47 Stuart Highway

Stuart Park NT

**Alice Springs**

Locations in town centre:

confirmed upon booking

**Katherine**

Regional Training Centre

19 Second Street

**\*Katherine conditions:**

**\$285pp** for full day

**\$175pp** for half day

**\$45pp** for CORP Talks

Maximum **10** participants

## Darwin

Tuesday 8 May	Developing Staff through Excellence in Coaching and Mentoring - Leaders	Full Day
Wednesday 9 May	<b>CORPtalk!</b> Quit Smoking	One Hour
Wednesday 16 May	Mindfulness and Managing Stress— 1 Day Retreat	Full Day
Tuesday 22 May	Goal Setting	Half Day
Tuesday 29 May	Mediation Skills for Managers	Full Day
Tuesday 12 June	Delegation Skills	Half Day
Thursday 14 June	<b>CORPtalk!</b> Healthy Gut-Healthy mind	One Hour
Thursday 21 June	Appropriate Workplace Behaviours	Half Day

## Alice Springs *Limited places available — please book early!*

Thursday 17 May	Leadership Tools for the Reluctant Manager	Full Day
Thursday 14 June	Preparing to Work in a Remote Community	Full Day
Thursday 9 August	Using EQ to boost your Resilience	

## Katherine *Limited places available — please book early!*

Wednesday 23 May	Enhancing the Customer Experience	Half Day
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