

# Critical Incident and Trauma Response for Managers



## Discover How to Effectively Manage Psychological Trauma in the Workplace

Critical Incidents are now common occurrences in many workplaces. Managers are now increasingly finding themselves having to provide support to workers and colleagues when a Critical Incident occurs. This Introductory workshop will provide managers with an understanding of Trauma and the current evidence –based practises on how to manage the psychological fallout from traumatic events. The workshop will provide the tools and understandings necessary for managers to provide leadership when a Critical Incident occurs in the workplace.

### In this workshop managers will learn:

- What is a potentially traumatic event?
- What are the symptoms of psychological trauma?
- What is a Critical Incident?
- Organisational responses to Critical Incidents
- Current Research on Trauma Intervention for Managers
- Tips on managing psychological trauma in the workplace
- When to seek professional assistance
- Basic Psychological First Aid for Managers
- Seeking professional assistance

The workshop will include scenario analysis and action learning activities.



**Half Day Workshop 8:30 am – 12.00 pm**  
**\$132**

### Refreshments

Morning tea is provided for half day workshops.

### Location

Level 2 Highway Arcade, 47 Stuart Highway, Stuart Park

DARWIN HEAD OFFICE

P. (08) 8941 5661

F. (08) 8941 0746

E. corp@corp.org.au

Alice Springs

P. (08) 8953 4225

F. (08) 8953 6894

E. easaalicesprings@easa.org.au

Katherine

P. (08) 8941 5661

Toll Free 1800 193 123 (NT ONLY)

[www.corp.org.au](http://www.corp.org.au)

All Public Workshops require a minimum of 6 participants in order to be confirmed.

CORP has a 72 hour cancellation policy. Please contact us as soon as possible if you are unable to attend a workshop you are enrolled in, or charges may apply.

**EASA**  
COUNSELLING • TRAINING  
MEDIATION • CONSULTING